Department of Disease Control Weekly Disease Forecast No.61_HFMD (6-12 June 2016)

From the national disease surveillance system, during 1 January to 30 May 2016, there were 12,742 Hand, Foot, and Mouth Disease (HFMD) patients. One death was reported from Chiang Mai province.

An outbreak of HFMD disease was found in a kindergarten in Bangkok. There were 6 - 17 patients with no death. The total number of patients is higher than the same period of last year.

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According to this week disease forecast, the occurrence of HFMD is likely to continue. An active surveillance should be implemented especially in Nan and Chiang Rai provinces.

HFMD is sporadic throughout the year with more cases during the rainy season (June-August). Outbreaks usually occur in nurseries and kindergartens. Although older children and adults can also get the disease, most of the patients are young children aged less than 5 years old. Therefore, nurseries and kindergartens are recommended to provide health education and hygienic facilities for the disease prevention. Children should also be screened for the disease symptoms on a daily basis.

The Department of Disease Control advises parents to observe their children's symptoms, i.e. fever, skin rash, sores or blisters in the mouth and on the hands, feet, and sometimes the buttocks. To help prevent the disease from spreading, sick children should stay home and avoid close contact with family members or others in the community, especially during the first week of illness.

For queries or additional information, please call DDC hotline 1442.

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